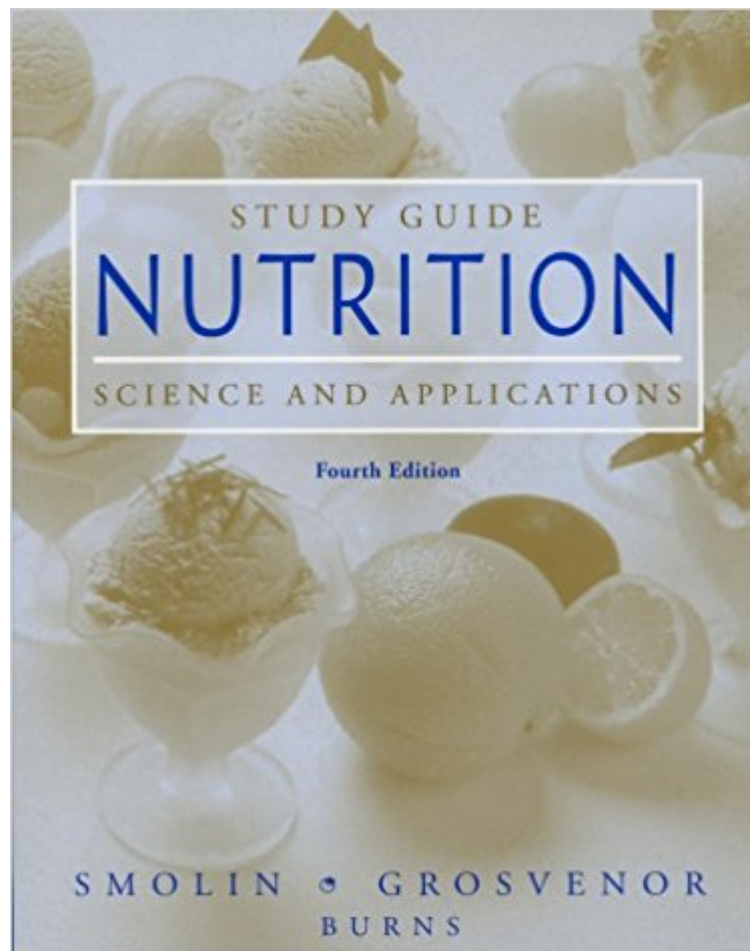




Ebook Directory
the best source of ebook

The book was found

Study Guide To Accompany Nutrition: Science And Applications, 4th Edition



Synopsis

Work more effectively and gauge your progress along the way! Designed to be used alongside Smolin and Grosvenor's Nutrition, 4th Edition, this Study Guide provides students with a wealth of material to help ensure that they are successful in the course. This study guide includes chapter outlines, multiple-choice questions, short-answer review questions, and a variety of learning activities. Ice cream or sorbet, red meat or fish, fruits or pastries, eggs or oatmeal – our lives are filled with choices about what we eat. That's why Lori Smolin and Mary Grosvenor's Nutrition: Science and Applications, 4th Edition helps you understand how to analyze nutritional information and apply your knowledge to the nutrition issues you face each and every day. Now updated to include the new Dietary Reference Intakes (DRIs) published in the fall of 2002, the Fourth Edition offers new and expanded coverage of such cutting-edge nutritional topics as the relationship between genetics and body weight regulation and the ecological impact of genetically modified foods and organic food production. In addition, this edition features a new chapter, Meeting Nutrient Needs: Food Versus Supplements, which discusses the benefits and drawbacks of meeting nutritional needs with foods, fortified foods, and supplements, as well as the role of herbal supplements.

Book Information

Paperback: 192 pages

Publisher: Wiley; 4 edition (January 23, 2003)

Language: English

ISBN-10: 0471268771

ISBN-13: 978-0471268772

Product Dimensions: 8.3 x 0.4 x 10.9 inches

Shipping Weight: 1 pounds

Average Customer Review: Be the first to review this item

Best Sellers Rank: #759,839 in Books (See Top 100 in Books) #130 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Nutrition #193 in Books > Medical Books > Nursing > Medical Nutrition #4376 in Books > Health, Fitness & Dieting > Nutrition

[Download to continue reading...](#)

Study Guide to accompany Nutrition: Science and Applications, 4th Edition Study Guide to Accompany Maternal and Child Health Nursing (Pillitteri, Study Guide to Accompany Maternal and Child Health) Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle

Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) Study Guide to Accompany Nutrition for Foodservice and Culinary Professionals Study Guide to Accompany Advanced Pediatric Assessment, Second Edition: A Case Study and Critical Thinking Review Freezing Colloids: Observations, Principles, Control, and Use: Applications in Materials Science, Life Science, Earth Science, Food Science, and Engineering (Engineering Materials and Processes) Laboratory Applications in Microbiology: A Case Study Approach: Laboratory Applications in Microbiology: A Case Study Approach Student's Solutions Guide to Accompany Discrete Mathematics and Its Applications, 7th Edition Nutritional Foundations and Clinical Applications: A Nursing Approach, 5e (Foundations and Clinical Applications of Nutrition) Case Studies To Accompany: Clinical Manifestations And Assessment Of Respiratory Disease: 4th Edition Study Guide/Lab Manual to accompany Refrigeration and Air Conditioning Technology, 6th Edition Workbook / Study Guide, Vol. 1: To Accompany Destinos, Lecciones 1-26, 2nd Edition Experiments Manual To Accompany Digital Electronics: Principles and Applications The China Study: Revised and Expanded Edition: The Most Comprehensive Study of Nutrition Ever Conducted and the Startling Implications for Diet, Weight Loss, and Long-Term Health Student Solutions Manual to accompany Elementary Linear Algebra, Applications version, 11e Food Science: The Biochemistry of Food & Nutrition, 4th Edition Study Guide to accompany Baking and Pastry: Mastering the Art and Craft Academy of Nutrition and Dietetics Pocket Guide to Neonatal Nutrition, Second Edition Study Guide to accompany Auditing and Assurance Services Study Guide to Accompany Purchasing: Selection and Procurement for the Hospitality Industry

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)